



15th Annual Dixie National Paddling School ACA Instructor Courses

Welcome Instructor Candidate:

In May of each year, the volunteer based Dixie Division of the American Canoe Association holds its National Paddling School. Top ACA Instructor Trainers from across the country come to western North Carolina to teach instructor level courses in canoe, kayak, and rescue. From flatwater courses to whitewater, the Dixie National Paddling School meets the regional need of camps, liveries, and a wide range of outdoor organizations in regards to providing them with ACA Instructor Certification opportunities. The money that is raised from the Dixie National Paddling School is then donated by the membership of the seven state Dixie Division to various paddling and water conservation organizations at it's annual meeting each Fall. Over the past decade, the Dixie Division has given tens of thousands of dollars to numerous paddling and conservation organizations!

The exact dates, cost, and registration information is enclosed with this packet.

Your course fee includes:

- ACA Instructor Manual (\$25 value)
- Resource Materials
- Course Insurance
- Lodging
- Instruction from premier Instructor Trainers!

-The knowledge that the proceeds are being invested in the future of paddlesports!

******Your course fees do not include your membership with the ACA (\$40) contact the ACA by phone at (703) or via the web at www.americancanoe.org. Upon successful completion of the instructor course, students will be expected to join the Safety Education and Instruction of the ACA – you will need to provide a written check to the ACA for \$25 to your course instructor to accommodate course final paperwork.*

Schedule:

All three paddling courses will start at 8AM on the 19th of May at Camp Chosatonga in Brevard, NC. Students and instructors will initially meet at the dining hall. Course work is scheduled to run 8AM-6PM with some potential evening work. Students should expect to be outdoors and on or in the water of lakes and rivers for the duration of the coursework.

Lodging & Accommodations:

Camp Chosatonga will provide bunk house, showers and access to dining hall and kitchen for students to manage their own meals. Local restaurants and pizza delivery are also options. Students will need to bring lunch and snacks along everyday to accommodate the dynamics of our schedules.

Please make checks payable to: **Dixie Division, ACA**
2500 Morgan Mill Rd. Brevard, NC 28712
Phone: (828) 884-6834

Additional Resource Information:

American Canoe Association: www.americancanoe.org

Dixie Division of the ACA: www.dixiedivision.com

Camp Kahdalea/Chosatonga: www.kahdalea.com

Thanks for your interest in ACA Instructor Certification! Please review and complete our course forms and equipment lists. Be sure to become an ACA member and receive your member number prior to our course start, students must be ACA members to participate in our training programs.

Sincerely,

Justin S. Padgett
Dixie Division Instructional Facilitator



Dixie Division National Paddling School

ACA Instructor Courses 2008 Registration Form

2500 Morgan Mill Rd. Brevard, NC 28712

Phone/Fax: (828) 884-6834

www.kahdalea.com Email: office@kahdalea.com

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|--------------------------|--|------------------------|-----------------|
| <input type="checkbox"/> | ACA Essentials of River Canoe Instructor Course | May 19-21, 2008 | \$350.00 |
| <input type="checkbox"/> | ACA Whitewater Kayak Instructor Course | May 19-23, 2008 | \$500.00 |
| <input type="checkbox"/> | ACA Whitewater Canoe Instructor Course | May 19-23, 2008 | \$500.00 |
| <input type="checkbox"/> | ACA Swiftwater Course/Rescue 3 | May 9-11, 2008 | \$275.00 |
- (Contact Sam Fowlkes directly to register for this SWR course 828-586-6563)**

Registration requires a \$200.00 deposit. The remainder is due by May 5th, unless other arrangements have been made. Payments will be returned less a \$50.00 administrative fee, if registration has to be canceled provided notice is given by May 1st. No refund will be made for an early withdrawal from the actual program. The Chosatonga/Kahdalea Directors and Dixie Instructional Staff reserve the right to dismiss any participant who violates the programs rules or is judged detrimental to the general welfare of the group. No refund will be made in case of dismissal. Please make checks payable to:

Dixie Division, ACA and mail payment to: Dixie School 2500 Morgan Mill Rd. Brevard, NC 28712

Participant Information

Name _____

Organization _____

Mailing Address _____

City _____ State _____ Zip _____

Phone # _____ Cell # _____

Email _____

Are you currently an ACA member? **Y N** If so, your membership # _____

(Note: all instructor candidates are required to be ACA members at the start of instructor course work)

Emergency Contact _____

Home Phone _____ Business Phone _____

Course Descriptions

Essentials of Canoe Instructor– Tandem/Solo

COURSE OVERVIEW/PURPOSE: To fine tune and add to the knowledge and skills the participant received in Introduction to Tandem Canoe. The participant will be given the finer skills and knowledge to paddling a canoe tandem on flat water. This course is the second in a progression to paddling a tandem canoe whether the final goal is white water or Freestyle.

Participants will be able to teach:

- How to make the boat move sideways while it moving forward (side slip)
- How to do tight turns
- How to paddle backwards in a straight line
- How to edge a boat
- How to brace

****this course will also serve as a Canoe Trip Leader Assessment for those interested**

PARTICIPANT'S QUALIFICATIONS: Be able to physically perform the above task and be in good health. Be able to keep head above water when wearing a proper fitting PFD and be comfortable paddling in moving river current.

Whitewater Canoe Instructor – Tandem/solo

COURSE OVERVIEW/PURPOSE: To take the skills and knowledge that the student has learned in the Moving Water course and apply them to more difficult water. Also, to refine and add to those skills the finer points of paddling a solo canoe on white water, up to and through Class II. The focus is more on boat control, maneuvering, precision, and how to use the river and “play” the river, then going from point A to B.

Participants will be able to teach:

- River classifications, features and hazards
- Basic white water outfitting of a canoe
- How to perform more precise eddy turns into smaller eddies
- How to front ferry in Class II white water
- How to back ferry in Class II white water
- How to perform more difficult rescues
- How to identify and deal with river hazards in more depth

PARTICIPANT'S QUALIFICATIONS: Comfortable paddling in class 3 whitewater, able to play the river and self rescue with ease. Physically able to provide safety and rescue for participants.

Whitewater Kayak Instructor

COURSE OVERVIEW/PURPOSE: To take the skills and knowledge that the student has learned in the Moving Water course and apply them to more difficult water. Also, to refine and add to those skills the finer points of paddling a solo canoe on white water, up to and through Class II. The focus is more on boat control, maneuvering, precision, and how to use the river and “play” the river, then going from point A to B.

Participants will be able to teach:

- River classifications, features and hazards
- Basic white water outfitting of a kayak
- How to perform more precise eddy turns into smaller eddies and play the river on class II features
- How to front ferry in Class II white water
- How to back ferry in Class II white water
- How to perform more difficult rescues
- How to identify and deal with river hazards in more depth

PARTICIPANT'S QUALIFICATIONS: Comfortable paddling in class 3 whitewater, able to play the river and self rescue with ease. Physically able to provide safety and rescue for participants

For more information on ACA courses please visit

<http://www.americancanoe.org/instruction/instruction.lasso>

Registration Experience Questionnaire

Please take the time to answer the following questions about your paddling skills and experience

Numbers of years paddling

Self evaluation of skill level: flat, moving, whitewater or Class I, II, III, IV, V

List of Rivers paddled to verify experience

Student's or instructor Candidate objectives and goals